



Parent Guide

Children not registered in BGCLCV may **NOT** participate.

Has your game been cancelled?

Text LCVBB to 84483 to Receive Text Message Updates

● Athlete's 1st, Winning 2nd

- Our emphasis is on participation, sportsmanship, enjoyment, and developing & character 1st.

● Picture Day - Basketball Tip Off (Jan. 11th)

- Team uniforms & game schedules are distributed to coaches during this event/day.

● Uniform Requirements

- All players in the Club league must wear their BGCLCV issued T-shirt or team uniform in all games
- Footwear: Indoor Gym Shoes – Please DO NOT use muddy field shoes in gym.
- Illegal Equipment: Hard objects, casts, **jewelry**, etc.

● Possible Game Locations

- Lewiston Boys & Girls Club (1021 Burrell Avenue in Lewiston Orchards)
- Clarkston Boys & Girls Club (1414 Highland Avenue in Clarkston)

● Medical Insurance Information

- BGCLCV insurance is secondary and covers only after parent/guardian primary insurance
- Any injury requiring medical attention must be reported to the Athletic Director within 24 hours.

● Updated Schedule, Standings and Other Pertinent Information

- Visit www.PowerOfTheClub.org for info (check the coaches' corner link)

● Referees and Scorekeepers

- **Basketball Referees have an extremely difficult and thankless job! They work hard to do their best. If there are any issues, please notify the Scorekeeper at an appropriate time or contact the Athletic Director's office.**

● Conduct

- We **all** have the responsibility to promote high standards of behavior and sportsmanship in athletics!

Code of Conduct

The Athletic Code of Conduct is a commitment to represent yourself, the Boys & Girls Club, your family, and community in the most positive manner at all times. Our athletics are at their best when the focus is on the kids playing the games.

As a parent/guardian with the Boys & Girls Club, I pledge to abide by the Code of Conduct:

- I will comply with the spirit and intent of the Boys & Girls Clubs athletic programs and policies.
- I will be aware that I have a tremendous influence, for good and/or bad; and I will treat referees and opponents with respect & dignity at all times.
- I will respect and support game officials in everything I say and do—whether I agree or disagree with their judgment.
- I will not use abusive language and will never verbally belittle players, coaches, or officials at any time.
- I will lead by example in demonstrating sportsmanship to all players.
- I will remember that I am a youth parent and that the game is for the kids; not for the adults.
- I will encourage other spectators to use good sportsmanship.
- I will refrain from the use of tobacco, drugs or alcohol when at the Boys & Girls Club.
- I will have a positive attitude at all times when involved with the Boys & Girls Club Athletic programs.
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Inappropriate behavior will result in disciplinary action, up to and including ejection and/or suspension. Decisions made will be fair and in the best interest of the athletic program and its members. All decisions are final. Thank you for helping keep the focus where it belongs – on the kids and the game.

Basketball Parent and Spectator Tips

How to support your child - Children are strongly influenced by their parents' attitudes and actions.

- Don't take it too seriously. At this stage, enjoyment of the game and skill development are the goals.
- Children need positive feedback. It doesn't help to just tell them what they're doing wrong.
- Help children gain confidence and a sense of belonging by creating a positive atmosphere at games.
 - Don't let player's mistakes get in the way, encourage them to move on. For example, if they miss a game-winning shot, tell them that "you're the kind of person that's willing to take the big shot and doesn't get discouraged and can bounce back from a setback like that."
- Respect the officials and their decisions (even if you disagree). Officials are trained and expected to be impartial guides and arbitrators of all games. Sportsmanship requires the willingness to accept and abide by the decisions of the officials. Remember referees are very important to the program...without them, there would be no games!

What can I do to help out?

- Assist the coach. You can volunteer to help coach OR say "yes" if a coach (or the Club) reaches out to you.
- Lead by example: be constructive, and help with practice, transportation and refreshments/snacks.

What experts say about children and competition – Success means giving your best effort

- Children should feel confident that they'll be supported; whether they win or lose
- Studies say the most important words you can say to your player: "I love to watch you play."
- Skip the post-game analysis on the car ride home. If your child asks for input, try to offer two positives for every critical comment.
- Too much pressure to win can have a negative effect and could lead to "burn-out", which leads kids to quit playing sports altogether.
- Research shows children are more interested in playing the game than winning. Winning (and doing your best) can and should be a goal; but, it's not the ONLY goal.
- If you see competition as a way to improve and develop skills, then losing can be just as valuable as winning.

Get the most from watching your child play – Be a Good Spectator

- Cheer good effort
- **RESPECT THE REFEREES' DECISIONS; EVEN IF YOU DISAGREE**
 - **Basketball officials have a hard and thankless job. Understand that they are human and will make mistakes.**
- Be positive and supportive of all the players; no matter what team they are on.
- Allow the coach to do their job without interference.
- Don't criticize or dwell on mistakes. Focus on improvement and effort.
- Understand the sport Visit the Coaches' Corner link found on our Club website @ www.PowerOfTheClub.org
- Remain off of the basketball court at all times.

The Boys & Girls Clubs appreciates your support of our policies and programs. Please remember that YOUR example of sportsmanship is what our youth see and model. Sports are a small part of most people's lives; but the lessons learned and character developed through sports lasts a lifetime. Treat others with respect and be positive at games and practices with your voice and your actions. Thank you for setting a good example!

For additional information, please feel free to contact us at:

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