

Parent Guide for Flag Football – 2019

Sponsored by Arby's & Taco Time

Rule #1 – All players MUST have a 2019-20 BGCLCV membership (\$25) in order to participate

- **Uniform Requirements**
 - All players must wear their BGCLCV issued uniform to all games
 - Footwear: Tennis shoes or cleats (no metal cleats), mouth guards are optional
 - Illegal equipment: Hard objects, casts, jewelry, zippers, braces with exposed metal, etc.
- **Game Fields**
 - All games are played at Sacajawea Jr. High School: 3610 12th Street, Lewiston Orchards.
- **Weather Procedures and Cancellations**
 - We will play through all weather conditions EXCEPT lightning.
- **Medical Information**
 - BGCLCV insurance is secondary. Your insurance is the primary insurer for your kids.
 - Any injury requiring medical attention must be reported to the AD within 24 hours
 - Concussion- ANY suspected head injury results in immediate stoppage of that athlete's play for the rest of the game. Seek advice from a physician.
- **Protect Your Child from Abuse (visit our Coaches Corner for more information)**
 - Put safety first and make sure you know who is in charge of your player
 - Listen to your children & teach them not to keep unsafe secrets
 - Prepare young people to take charge of their safety
- **Updated Schedule, Standing and other pertinent information**
 - www.poweroftheclub.org -> Athletics -> Coaches Corner -> Football
- **Conduct**
 - We have a shared responsibility to promote high standards of behavior in competition – please read below.

No Tolerance Policy

The Boys & Girls Club or The Lewis-Clark Valley are proud of everyone involved in our athletic programs. In an effort to encourage and create a positive, safe & enjoyable environment we present the NO TOLERANCE POLICY for all athletic events. We want everyone involved to enjoy athletics in a mature and responsible manner. Thank you for setting a good example of sportsmanship.

We encourage and expect ALL coaches, spectators, parents, and athletes to:

- Know, follow and respect the rules
- Respect players, fans, referees and the **referee's decisions**
- Place safety, enjoyment and education above all else...including winning
- Focus on fundamentals and skill development while having FUN
- NEVER engage in unsportsmanlike behavior. Never use abusive or foul language
- Encourage in a manner that inspires without belittling others
- Encourage players to respect opponents, coaches and referees/game staff
- Avoid criticizing players and referees for any mistakes they may make
- Be supportive of the teams & represent yourself in a positive manner

Inappropriate behavior may result in expulsion from the current game and/or suspension for future games. If needed, a meeting with the athletic director will be set up to discuss further actions and/or sanctions. Decisions made will be fair and in the best interest of the athletic program and its members.

Flag Football Parent & Spectator Tips

Support your child: Children are strongly influenced by parent/adult attitudes and behaviors

- Don't take it too seriously. Regardless of the talent level of your child and teammates; remember that fundamentals and skill development is the goal at this age.
- Children need positive feedback rather than negative criticism. Promote positive behaviors and attitudes.
- Help children feel confident and a positive self-image. Help them feel like they belong by supporting a positive atmosphere at all games.
 - Don't let player's mistakes get them down...encourage them to move on.
- **Respect** the official's decisions (even if you disagree)
- Flag football is for the kids; not for the adults

What can I do to help?

- Assist the coach by volunteering to help
- Lead by example. Be positive and constructive. Help with practices, transportation, refreshments etc.

Get the most from watching your child play by being a good spectator and role model.

- Cheer good effort, be positive and supportive of all players
- Respect the referees' decisions/judgment
- Allow the coaches to do their job without interference
- Don't criticize or dwell on mistakes or weaknesses
- Appreciate the opposing team's efforts as well (encourage good sportsmanship)
- Gain in your understanding and appreciation of the sport – check out the Coaches Corner link on our website (www.poweroftheclub.org) in the Athletics link
- Remain outside of the field of play (and please...leave your dogs/pets at home)

Thank you for your participation and support of our athletic programs here at the Boys & Girls Clubs! Please feel free to contact me if you have any questions and/or feedback...

Scott McClure, Athletic Director

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