



7th & 8th-Grade Rules



Registration: All players **MUST** have a current 2021-22 Club membership, a signed COVID-19 release form and all fees paid prior to participating in the Fall 2021 Soccer League.

Equipment:

- The Ball: Size 5.
- Uniform: BGCLCV issued uniform. Non-uniform clothing is allowed based on weather conditions. **Face coverings are optional during play and recommended on the sidelines when social distancing cannot be maintained and IF COVID-19 restrictions are in place.**
- Footwear: tennis shoes or soccer cleats.
- Shinguards: Must be worn inside socks and covered entirely by the socks.
- Illegal Equipment: hard protruding objects, casts, jewelry and zippers.
- Goals: 6 ½ feet high x 18 ½ feet wide.

Players:

- Maximum number of players on field at any one time is 11 (including goalkeeper). If BOTH coaches agree, we will play 11v11. If one coaches votes NO, then we'll play 9v9.
- Maximum number of players on the roster should not exceed eighteen (18).
- Substitutions are allowed at any stoppage with permission of referee (subs must enter field at midfield and **MUST** be waved on by the referee).
- Teams/rosters will be co-ed for Fall 2021.
- Playing time: Each player **SHALL** play a minimum of 33% of the total playing time. It is the coach's responsibility to monitor each player's playing time. Referees, field monitors and/or the Athletic Director may intervene to enforce this policy if necessary.
- If a team does not have nine (9) players to start a game. If a team has less than nine players; we can play 8v8 or 7v7 format. A team can start the game with six players (and we will play 6v7). A team can "borrow" players from their opponent if there are enough players to play a regulation game. In this scenario, the team with enough players to start the game will get the win if team (regardless of the final score). **NOTE – Players can ONLY be borrowed from the opposing team (no other teams/rosters can be used to increase numbers) and can alternate during the game.**

Field Size:

- Dimensions: The field of play shall be rectangular (49 yards wide x 80 yards long).
- Markings: Distinctive lines no more than five (5) inches wide.
 - Halfway Line: shall be marked out across the field.
 - Center Circle: with a five-yard radius.
 - Corner Arcs: Four (4) each with a one (1) yard radius.
 - Goal Area: Seven (7) yards from each goal post and seven (7) yards into the field of play joined by a line drawn parallel with the goal line.
 - Penalty Area: Twelve (12) yards from each goal post and twelve (12) yards into the field of play joined by a line drawn parallel with the goal line. Penalty kick mark is made at ten (10) yards from the goal line.

Start and Restart of Play:

- **Pre-game equipment check** – Five (5) minutes before start time. Have all players line up (socially-distanced) 5 yards from midfield line (on their bench side) for equipment (shoes/shin guards) check.
- **Pre-game conference** – Two (2) minutes before start time. One coach and 1 player (captain) per team will go to midfield for the conference. Have starters out on the field in their positions during the conference. Designated HOME team starts on offense to begin match. Switch to start 2nd half.
- The offense can have any amount of players in the center circle on their half of the field.
- The defense must be outside the center circle and on their own half of the field.

Duration of the Game:

- The game shall be divided into two thirty-minute halves with a 5-minute halftime. No added time for regular-season games tied after regulation.

- Tournament games tied after regulation will be determined by a five (5) penalty kick shoot-out, followed by a sudden death shoot-out if necessary.

Ball in and Out of Play:

- Ball must completely cross the line to be “out.” Ball is “in” if any part is on or above the line.

Throw-In:

- Awarded when the ball completely crosses the sideline.
- Opponent must be eight (8) yards away.
- Player’s back foot must stay on the ground when releasing the ball.
 - Failure to do so will result in loss of possession

Slide Tackling: Not allowed

Heading policy – Heading is allowed in this age group.

Method of Scoring:

- Ball must completely cross the goal line between goal posts and beneath crossbar for a goal.

Off-Side:

- Offside Position - PLAY IS NOT STOPPED FOR OFFSIDE POSITION. A player is in offside position if that player is nearer to the opponent’s goal line than both the ball and the second to last defender. This only applies in the defender’s half of the field.
- Offside Offense - A player in an offside position is penalized **ONLY IF**, at the moment the ball touches or is played by a teammate, that player is involved in active play. The opposing team gets an indirect free kick from the place where the offense occurred.
- No Offside - There is no offside violation if a player receives the ball directly from a goal kick, throw in, or corner kick.

Fouls and Misconduct:

- The yellow card is used to communicate that a player or coach has been cautioned.
- The red card is used to communicate that a player or coach has been ejected.
- A yellow card requires the offending player to immediately be substituted. The player may return to the field at the next regular substitution.
- A red card results in immediate ejection from game with no replacement/substitution allowed.

Free Kick:

- Opponents must be eight (8) yards away from the ball on a free kick.

Penalty Kick:

- Awarded when a defending player commits a foul within their own penalty area.
- Penalty mark/spot is made ten (10) yards from the goal post in the center of the field.

Goal Kick:

- When the ball crosses the goal line on the attacking end and is last touched by the attacking team.
- The opposing team puts the ball back into play with a goal kick inside goal area.

Corner Kick:

- When the ball crosses the goal line on the attacking end and last touched by the defending team.
- The opposing team puts the ball back into play with a corner kick inside the corner arc.

General Rules: Coaches are responsible for knowing and following the rules; which govern the game and are not open to negotiation. All rules apply and supersede any error made by a referee during the course of the game. Any situation/incident not covered by the rules will be arbitrated by the Athletic Director (after consulting with the field monitors, referees and all involved parties).

For more information, contact:

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