

Parent Guide for NFL Flag Football – 2024

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Rule #1 – All players MUST have a 2024-25 Club membership, signed release forms and all fees paid to participate. The membership is active for the school (August-May) year.

▪ **Uniform Requirements**

- All players must wear their NFL Flag team-issued uniform for all games
- Shoes: Tennis shoes or cleats (no metal spikes). Mouth guards are encouraged
- Illegal equipment: Hard objects, casts, jewelry, zippers, braces with exposed metal, etc.

Game Fields - All games are played at the Hall Family Fields: 910 13th Street, Lewiston.

Parents/fans are NOT allowed to stand on the same sidelines as the teams/players.

▪ **Weather Procedures and Cancellations**

- We will play through all weather conditions EXCEPT lightning. Coaches & parents will receive a text message/alert IF games are cancelled for any reason.

▪ **Medical Information**

- BGCLCV insurance is secondary. Your insurance is the primary insurer for your kids.
- Any injury requiring medical attention must be reported to the AD within 24 hours.
- Concussion - ANY suspected head injury will result in the immediate removal of the athlete or the rest of the game. Seek advice from a physician if symptoms worsen.

▪ **Protect Your Child from Abuse (visit our Coaches Corner for more information)**

- Put safety first and make sure you know who is in charge of your child at all times.
- Listen to your children & teach them to **NOT** keep secrets. *If they (or you) see something, say something.*
- Prepare young people to take responsibility for their safety.

▪ **Updated Schedule, Standing and other pertinent information can be found on our website**

Coaches Corner -> [NFL Flag Football](#)

▪ **Conduct**

- We have a shared responsibility to promote high standards of sportsmanship.
- **No Tolerance Policy**

The Boys & Girls Club or The Lewis-Clark Valley are proud of everyone involved in our athletic programs. In an effort to encourage and create a positive, safe & enjoyable environment we present the NO TOLERANCE POLICY for all athletic events. We want everyone involved to enjoy athletics in a mature and responsible manner. Thank you for setting a good example of sportsmanship.

We encourage and expect ALL coaches, spectators, parents, and athletes to:

- Know, follow and respect the rules.
- Respect players, fans, referees and the **referees' decisions**.
- Place safety, fun and education above all else...including winning
- NEVER engage in unsportsmanlike behavior. Never use abusive or foul language.
- Be supportive of the teams & represent yourself in a positive manner. Be a **positive** role model.

Inappropriate behavior may result in expulsion from the current game and/or suspension for future games. If necessary, a meeting with the athletic director will be set up to discuss further actions and/or sanctions.

Flag Football Parent & Spectator Tips

Support your child: Children are strongly influenced by parent/adult attitudes and behaviors

- Don't put too much pressure on your child. Please remember that skill development and having fun are the primary goals of this program.
- Children need positive feedback; not negative criticism. Promote and praise positive behaviors and attitudes.
- Build your child's confidence and self-image. Help them feel like they belong by supporting a positive atmosphere at all games.
 - Don't let player's mistakes get them down...encourage them to put that play behind them and do better on the next play.
- Don't do anything that will embarrass you, your family, your team and/or your child.

What can I do to help?

- Assist the coach by volunteering to help as either an assistant coach or "team" parent.
- Lead by example. Be positive and constructive. Help with practices, snacks, etc.
- Attend the preseason parent meeting and go to as many practices/games as your schedule allows.

Get the most from watching your child play by being a good spectator and role model.

- Cheer good effort and outstanding plays by all players on BOTH teams. Encourage and model good sportsmanship.
- Respect the referees' decisions/judgment.
- Allow the coaches to do their job without interference.
- Don't criticize or dwell on mistakes.
- Gain in your understanding and appreciation of the sport – check out the [Coaches' Corner link](#) on our Athletics' website.
- Remain outside of the field of play and in the designated spectator section/areas (away from team sidelines and 10 feet off the field lines).
- Use the trash cans to throw away cups, wrappers, etc. Help our staff keep the venue clean. We appreciate the Lewiston Schools allowing us to use their fields and we want to leave it better than we found it after our games each Saturday.

Coaches/Parents – Use this link to <https://shop.nflflag.com/discount/BOY699> to order matching team fan gear or uniform accessories for your NFL Flag Football player. Make sure you use the code "BOY699" when ordering to receive a discount (and for our Club to receive a percentage of the sales).

Thank you for your participation and support of our athletic programs here at the Boys & Girls Clubs! Please feel free to contact me if you have any questions and/or feedback...

Braeden Wilson - Assistant Athletic Director

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